SUNGOD SKATING CLUB SRING 2026 SCHEDULE
Tilbury Arena - March 30th to May 26th
NDRC - June 03rd to June 12th

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SUNDAY		TIME
	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	
6:00						Held at North Delta Community Church					8:30 - 9:15 am **ACADEMY**		8:30
6:15			6:00 - 7:30 am **Open Session** 3				6:00 - 7:30 am **Open Session** 7						8:45
6:30													9:00
6:45											9:15 - 10:00 am **CANSKATE** Inc. Adults		9:15
7:00												9:30 - 10:15 am **ACADEMY OFF-ICE**	9:30
7:15													9:45
7:30											10:00-10:45 am **CANSKATE**		10:00
													10:15
													10:30
1:00	1:00 - 2:00 pm **Open Session** 1		1:00 - 2:00 pm **Open Session** 4		1:00 - 2:00 pm **Open Session** 6		1:00 - 2:00 pm **Open Session** 8				ICE CLEAN		10:45
1:15											11:00-12:00 pm **HP & AD Enrichment**	11:00-12:00 pm **Development Off-Ice Class**	11:00
1:30													11:15
1:45													11:30
2:00	ICE CLEAN		ICE CLEAN		ICE CLEAN		ICE CLEAN						11:45
2:15	2:15 - 3:15 pm **Open Session** 2		2:15 - 3:15 pm **Open Session** 5		2:15 - 3:15 pm **High Performance Freeskate**		2:15 - 3:15 pm **High Performance Freeskate**		2:15 - 3:15 pm **Open Session 10**		ICE CLEAN		12:00
2:30											12:15 - 1:30 pm **Development Enrichment**	12:15 - 1:15 pm **AD Off-Ice Class**	12:15
2:45													12:30
3:00													12:45
3:15	ICE CLEAN		ICE CLEAN						ICE CLEAN				1:00
3:30	3:30 - 4:30 pm **Foundation Freeskate**		3:30 - 4:30 pm **High Performance Freeskate**						3:30 - 4:30 pm **High Performance Freeskate**			1:00 - 2:00 PM **HP Off-Ice Divine's Gym**	1:15
3:45		3:45 - 4:30 pm **Development Off-Ice Class**									ICE CLEAN		1:30
4:00						4:00 - 5:00 pm **AD Off-Ice Class** NDCC					1:45 - 3:00 pm **Foundation Enrichment**		1:45
4:15													2:00
4:30	ICE CLEAN		4:30 - 5:15 pm **ACADEMY**	4:40 - 5:25 pm **HP Off-Ice Class**					Spin Patch				2:15
4:45	4:45 - 5:45 pm **Development Freeskate**	4:45 - 5:30 pm **Foundation Off-Ice Class**							4:45 - 5:45 pm **Development Freeskate**	5:00 - 5:45 pm **HP Off-Ice Class**			2:30
5:00						5:00 - 6:00 pm **Development Off-Ice Class** NDCC							2:45
5:15			ICE CLEAN										3:00
5:30			5:30 - 6:15 pm **CANSKATE**	5:30 - 6:15 pm **ACADEMY OFF-ICE**									
5:45	ICE CLEAN								5:45 - 6:30 pm **ACADEMY**				
6:00	6:00 - 7:00 pm **Advanced Development** Freeskate					6:00 - 7:00 pm **Foundation Off-Ice Class** NDCC				6:00 - 6:45 pm **Development Off-Ice Class**			
6:15		6:15 - 7:15 pm **HP Off-Ice Class**	6:15 - 7:00 pm **CANSKATE**	6:15 - 7:00 pm **Development Off-Ice Class**			6:40 - 7:25 pm **Foundation Freeskate**	6:30 - 7:15 pm **AD Off-Ice Class**	ICE CLEAN				
6:30									6:45 - 7:45 pm **Foundation Freeskate**	6:45 - 7:30 pm **ACADEMY OFF-ICE**			
6:45													
7:00	**Spin Patch**		ICE CLEAN	7:00 - 7:45 pm **AD Off-Ice Class**									
7:15	ICE CLEAN		7:15 - 8:00 pm **Development Freeskate**				ICE CLEAN						
7:30	7:30 - 8:30 pm **High Performance Freeskate**	7:30 - 8:15 pm **AD Off-Ice Class**				**NOTE HP Off-Ice will be held at Divine's gym from 4:00 - 5:00 pm**	7:35 - 8:20 **AD Freeskate**	7:30 - 8:15 pm **Foundation Off-Ice Class**		(7:30 - 7:50 pm)			
7:45									ICE CLEAN	**AD Warm-Up**			
8:00			8:00 - 9:00 pm **Advanced Development Freeskate**				8:20 - 9:15 pm **Open Session** 9		8:00 - 9:00 pm **Advanced Development Freeskate**	8:00 - 8:45 pm **Foundation Off-Ice Class**			
8:15													
8:30													
8:45													
9:00													